



Blue Motion Fitness Inc  
5 Montreal Rd, Guelph  
ON N1E 2K4  
519-830-2734  
www.bluemotionfitness.com

## Participant Agreement

Participant Agreement Client: \_\_\_\_\_

The following terms and conditions apply to your program:

Program details: B-Board Fitness class is a 30 minute to 1 hour session on a 6.5 foot/2 meter balance board. The class will include instruction on how to use the balance board with cardiovascular exercises, muscle strengthening exercises, isometric poses, and stretches.

Equipment included: B-Board, yoga mat, fitness bands

Inclement Weather: If class is cancelled due to inclement weather, the session will be rescheduled. Notification of cancellation will be communicated either by phone call, text or email, as per what you prefer and indicate on this form.

Refunds: There are no refunds or make-up classes for a missed class. There will be no cash refunds.

What to bring: Wear comfortable fitness clothing. Bring a water bottle. You have a choice to be barefoot or wear clean, athletic shoes.

By signing this agreement, I confirm and acknowledge that I have read it and understand and agree to all of its terms.

I agree to participate in the following program and pay training fees as follows:

**Weekly classes** (choose) **Tues/Wed/Thurs**

**7:15 PM**

**86 Norfolk Street, basement studio B**

**Monthly Fee: \$60.00+HST=\$67.80**

Phone (text/call) \_\_\_\_\_

Email \_\_\_\_\_

Emergency contact name and number:  
\_\_\_\_\_

Signature of Participant

*Tamara Colaizzi*

Printed Name

**Tamara Colaizzi**

Date

**Jan 01, 2024**

Signature of Trainer

Printed Name

Date